



INTEGRATED BEHAVIORAL HEALTH, LLC (IBH)

Intake Form

Intake Date: _____ Form Completed By: _____ Patient Chart ID _____

Sections 1-3 must be complete prior to scheduling intake appointment

1. Patient Demographics

Full Name: _____ Date of Birth: _____

SSN: _____ Gender: ☐ M ☐ F ☐ Other

Address: _____

Phone Number(s): _____ Email: _____

Emergency Contact Name: _____ Emergency Contact Phone: _____

Emergency Contact Relationship to Patient: _____

2. Insurance Information

Insurance Provider: ☐ Medicaid ☐ Medicare ☐ United ☐ CareFirst ☐ Cigna ☐ Aetna ☐ Tricare
☐ Veteran's Administration (VA) ☐ Other _____

Member ID / Group Number: _____

Policyholder Relationship to Patient: ☐ Self ☐ Spouse ☐ Parent ☐ Other _____

Policyholder Name (if not self): _____ For minors, upload copy of Parents' ID

Upload Insurance Card (front and back): ☐ completed by _____ (staff name)

3. Reason for Visit

Service(s) Requested: ☐ Therapy ☐ Medication Management ☐ IOP ☐ PRP ☐ PHP/PDTP

Presenting Problem(s): _____

Duration and Severity of Symptoms: _____

Referral Source (e.g., ZocDoc, PCP, agency): _____

Is this a court-ordered visit/service? ☐ Yes ☐ No

If yes, ask patient to email or bring a hard copy of their court order

Current Medications: _____

Ask to bring their pill bottles with them to the first appointment if they can

Past Psychiatric Diagnoses: _____

Hospitalizations (Mental/Medical): _____

Previous Mental Health Programs: _____

Reminder: Patients Should Bring the Following Items to their First Appointment

- Photo ID (if not already on file)
- Insurance card (if not already on file)
- Bottles of all their current medications or their medication list



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Sections 4-7 must be completed in-office at the intake appointment (or prior to 1st appt if no intake appt)

4. Health Care Team & Pharmacy Information

Current Psychiatrist's Name: _____ Phone: _____

Current Therapist's Name: _____ Phone: _____

Primary Care Provider's Name: _____ Phone: _____

Pharmacy Name: _____ Phone: _____ Fax: _____

Pharmacy Address: _____

5. Mental Health History

Substance Use History: _____

Trauma History (if applicable): _____

Suicidal Ideation or Self-Harm History: _____

6. Demographic Information

Marital Status: ☐ Single (Never Married) ☐ Married ☐ Divorced ☐ Widowed ☐ Other: _____

Race: ☐ Prefer Not to Disclose ☐ Black/African American ☐ Asian ☐ Hispanic/Latino ☐ White

☐ American Indian/Alaska Native ☐ Native Hawaiian/Other Pacific Islander ☐ Other _____

7. Consent Forms

☐ HIPAA Acknowledgment (Notice of Privacy Practices)

☐ Informed Consent

☐ Telehealth Consent (if applicable)

☐ Authorization to Bill

☐ Release of Information

Section 8 to be completed during intake appt by clinician (or by patient prior to 1st appt if no intake appt)

8. Social History

Living Situation: ☐ Rental (apartment etc.) ☐ With parents ☐ With spouse ☐ Own house ☐

Homeless ☐ Other please explain: _____

Education Level: ☐ High school ☐ College degree ☐ Professional ☐ Other

Relationship Status: ☐ Married ☐ Single ☐ Divorced ☐ Other _____

Support System (family, friends, children and/or others): _____

Employment Status: ☐ Employed ☐ Unemployed ☐ Retired ☐ Other: _____